

# August

# Pier360

# 2025

Sharing Hope. Empowering Renewal. Supporting Recovery.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours Mon-Fri 9am-5pm Activities and hours subject to change without notice (H) Hybrid (Z) Zoom (E) East (W) West <b>Zoom ID# 348-331-1764</b>	<b>Pier 360 East</b> 10201 NE Fourth Plain Blvd. Vancouver, WA. 98662 Phone: (360) 253-4036 Fax: (360) 253-9794 <a href="http://www.pier360.org">www.pier360.org</a>	<b>Pier 360 West</b> 1601 E Fourth Plain Blvd. Bldg. 17, Ste. A114 Vancouver, WA. 98661 Phone (360) 397-8050 Fax (360) 397-8059	"If you want to live a happy life, tie it to a goal, not to people or things." – <i>Albert Einstein</i>	1 Soulful Stroll 11AM (W) Peer Projects 1PM (W)  <b>Volleyball 6PM (Orchards Park)</b>	2 Men's Support Circle 9AM (Z) Saturday Support Circle 11AM (Z)
4 Unity Unites 10:30AM (W) (H) De-Stress Your Mess 1PM (W)	5 Women's Support Circle 12PM (Z) Volunteer Orientation 10:30AM (W) Peer Projects 1PM (E) Support Circle 1PM (W) (H) Men's Support Circle 6PM (Z)	6 Wednesday Walk 10AM (E) Everyday Mindfulness 1PM (W) (H) Wellness Wednesday 4PM (W) (H)	7 Support Circle 1PM (W) (H)	8 Soulful Stroll 11AM (W) Peer Projects 1PM (W)  <b>Ultimate Frisbee 6PM (Orchards Park)</b>	9 Men's Support Circle 9AM (Z) Saturday Support Circle 11AM (Z)
11 Unity Unites 10:30AM (W) (H) De-Stress Your Mess 1PM (W) <b>Lacamas Woodburn Falls 12:30PM (W)</b>	12 Women's Support Circle 12PM (Z) Volunteer Orientation 1PM (E) Peer Projects 1PM (E) Support Circle 1PM (W) (H) Men's Support Circle 6PM (Z) <b>Basketball @Bagley Park 5PM</b>	13 Wednesday Walk 10AM (E) WRAP Quest 10:15AM (W) Everyday Mindfulness 1PM (W) (H) <b>Battle Ground State Park 2PM (W)</b>	14 Support Circle 1PM (W) (H) <b>Pickleball @Lincoln Elementary 5PM</b>	15 Soulful Stroll 11AM (W) Peer Projects 1PM (W)  <b>Field Day 6PM (Orchards Park)</b>	16 Men's Support Circle 9AM (Z) Saturday Support Circle 11AM (Z)
18 Unity Unites 10:30AM (W) (H) <b>Disc Golf @Leverich Park 12PM</b> De-Stress Your Mess 1PM (W)	19 Women's Support Circle 12PM (Z) Peer Projects 1PM (E) Support Circle 1PM (W) (H) Men's Support Circle 6PM (Z)	20 Wednesday Walk 10AM (E) Everyday Mindfulness 1PM (W) (H) Wellness Wednesday 4PM (W) (H)	21 Support Circle 1PM (W) (H) Volunteer Orientation 2:30PM (W) <b>Art in the Park 4PM (Orchards Park)</b>	22 Soulful Stroll 11AM (W) Peer Projects 1PM (W)  <b>Speaker Meeting 6PM (Orchards Park)</b>	23 Men's Support Circle 9AM (Z) Saturday Support Circle 11AM (Z)
25 Unity Unites 10:30AM (W) (H) De-Stress Your Mess 1PM (W)  <b>Closed @2PM for Staff Development</b>	26 Women's Support Circle 12PM (Z) Peer Projects 1PM (E) Support Circle 1PM (W) (H) Men's Support Circle 6PM (Z) <b>Basketball @Bagley Park 5PM</b>	27 Wednesday Walk 10AM (E) WRAP Quest 10:15AM (W) <b>Ridgefield Wildlife Refuge 11AM (W)</b> Everyday Mindfulness 1PM (W) (H)	28 Volunteer Orientation 10AM (E) Support Circle 1PM (W) (H) <b>Pickleball @Lincoln Elementary 5PM</b>	29 Soulful Stroll 11AM (W) Peer Projects 1PM (W)	30 Men's Support Circle 9AM (Z) Saturday Support Circle 11AM (Z)

### Warm Line

Call to speak with a compassionate nonjudgmental peer who will listen and provide support, offer resources, encourage empowerment, and celebrate your successes with you.

**(360) 903-2853**

7 days a week 4pm-12am Including Holidays

### Volunteer Orientation

Learn about volunteer opportunities.

Tuesday, August 12<sup>th</sup> @1pm (East)

Thursday, August 28<sup>th</sup> @10am (East)

Tuesday, August 5<sup>th</sup> @10:30am (West)

Thursday, August 21<sup>st</sup> @2:30pm (West)

### Zoom & Hybrid Groups

**Zoom/Hybrid ID: 348 331 1764**

Monday-Unity Unites 10:30am (W/H)

Tuesday-Women's Support Circle 12pm (Z)

Tuesday-Support Circle 1pm (W/H)

Tuesday-Men's Support Circle 6pm (Z)

Wednesday-Everyday Mindfulness 1pm (W/H)

1<sup>st</sup> & 3<sup>rd</sup> Wednesday-Wellness Wednesday 4pm (W/H)

Thursday-Support Circle 1pm (W/H)

Saturday-Men's Support Circle 9am (Z)

Saturday-Support Circle 11am (Z)

### Life Skills Classes (West)

**Money Matters/Wellness 101**

Call or drop by to schedule a class.

Satisfies Therapeutic Court Requirement.

**(360) 397-8050**

### Pier 360 East

10201 NE Fourth Plain Blvd.

Vancouver, WA. 98662

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### Friday Night Activities

**8/1 Volleyball @6pm**

*Where community meets competition!*

**8/8 Ultimate Frisbee @6pm**

*Fast-paced fun and flying discs!*

**8/15 Field Day @6pm**

*Field Day has something for everyone!*

**8/22 Speaker Meeting @6pm**

*Listen to stories of hope from fellow peers in recovery!*

**Orchards Park**

**9800 NE 54th St. Vancouver, WA. 98662**

### Monday 8/7 Lacamas Park Woodburn Falls

Transportation from Pier 360 West @12:30pm

or meet at Lacamas Park @1pm

### Wednesday 8/13 Battle Ground State Park Day

Transportation from Pier 360 West Pier 360 West @2pm

or meet at Battle Ground State Park @3pm

### Wednesday 8/27 Ridgefield Wildlife Refuge

Transportation from Pier 360 West Pier 360 West @11am

or meet at Ridgefield Wildlife Refuge @12pm

*If you have any questions please call*

**Mallory (360) 803-4844 or Emily (360) 803-3553**

### Disc Golf @Leverich Park

4209 NE Leverich Park Way, Vancouver, WA 98663

**Monday 8/18 @12pm**

### Basketball @Bagley Community Park

4607 Plomondon St, Vancouver, WA 98661

**Tuesday 8/12 & 8/26 @5pm**

### Art in the Park @Orchard's Park

9800 NE 54th St. Vancouver, WA. 98662

**Thursday 8/21 @4pm**

### Pickleball @Lincoln Elementary School

611 NW 44<sup>th</sup> St. Vancouver, WA 98660

**Thursday 8/14 & 8/28 @5pm**

*If you have any questions please call*

**Mallory (360) 803-4844 or Emily (360) 803-3553**



### Unity Unites (West)

Peers supporting peers in an all inclusive identity/gender expression support group.

2SLGBTQIA+

**Mondays @10:30am (Hybrid)**

### Destress Your Mess (West)

Self-action and self-care.

**Mondays @1pm**

### Wednesday Walk (East)

Walk and talk through Orchards Park.

**Wednesdays 10am**

### Wrap Quest (West)

This introduction to

Wellness Recovery Action Plan offers a peek behind the curtain to a powerful personal tool & opportunity to leave with your very own pocket plan to live into your recovery

**Every 2<sup>nd</sup> & 4<sup>th</sup> Wednesday**

**10:15 AM - 12:15 PM**

### Everyday Mindfulness (West)

Grounding and mindfulness skills.

**Wednesdays @1pm (Hybrid)**

### Wellness Wednesday (West)

Fitness journaling exploring wellness.

**Every 1<sup>st</sup> & 3<sup>rd</sup> Wednesday @4pm (Hybrid)**

### Peer Projects

Get crafty, connect, and unwind with us.

**Tuesdays @1pm (East)**

**Fridays @1pm (West)**

### Soulful Stroll (West)

Let's walk together,  
one mindful step at a time every Friday.

**Fridays @11am (West)**